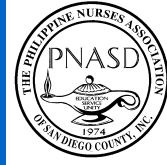


Sponsored by the Philippine Nurses Association of San Diego County, Inc.



Philippine Nurses Association of America

Western Regional Conference and Leadership Institute

April 27-28, 2012



Call for Abstracts

Looking for a way to further your professional development? Want to showcase your work to your colleagues? Consider submitting an abstract for the Western Regional Conference. Deadline is on March 30, 2012. Please visit www.PNASD.org for more information.

Leadership Institute

Course Objectives

- Discuss the various leadership roles and strategies that work in a voluntary organizational setting.
- Present the challenges in engaging and strengthening the regions in relation to the four pillars of PNAA.
- Analyze the implications of the survey results on the future directions of the Western Regional Chapters.
- Share strategies that worked and success stories on the PNAA four pillars of engagement.
- Consolidate the Western Regional chapters' commitment to the development of the region and individual chapters based on the four pillars and survey results.

Western Regional Conference

Course Objectives

- Discuss the new and changing directions of health care, how it affects the nurses' role globally and how nurses can be empowered to meet these changes.
- Recognize the reality based application of modern technology, principles and strategies that foster cultural transformation of evidence based practice in the clinical setting.
- Integrate knowledge learned about sexual orientation to provide culturally competent care.
- Evaluate expanded nurses' roles, change in practice and standards of care.
- Translate advances in genomics into medical benefits in the care of patients and how a nurse can provide competent care to all individuals, families, communities at risk for genetic disorders or disease.

Statement of Accreditation

The Philippine Nurses Association of San Diego, Inc., is an approved provider of continuing education by the California State Board of Registered Nursing Provider Number CEP6574.

Contact Hours

Leadership Institute	3.5 CEUs
Western Regional Conference- Education Day	7.0 CEUs

PNAA Western Region Delegates



PNAA Foundation Fun Run 2011



Welcome/Networking Night 2011

Course Director

Lourdes DePerio, MSN, RN
Adjunct Associate Professor
Southwestern College

Keynote Speaker- Education Day

Jean Yan, PhD, RN
Former Chief Scientist, Nursing and Midwifery
World Health Organization

Distinguished Guest Speaker- Leadership Institute

John Lantz, PhD, RN
Interim Director, SDSU School of Nursing

Course Faculty

Rosario (Happy) Araneta, PhD
Associate Professor
Department of Family and Preventive Medicine
University of California, San Diego

Sarla F. Duller, MN, RN, ANP-BC, VHA-CM
Liver Clinic Nurse Practitioner
VA Greater Los Angeles Healthcare System
Assistant Clinical Professor, UCLA

Lorraine Evangelista, PhD, RN, FAHA, FAAN
Associate Professor
UC Irvine Program of Nursing Science

Sharon Fabellar, MSN, RN
Assistant Department Manager, CCU
Kaiser Permanente, Los Angeles Medical Center

Course Faculty (continued)

Marita (Merly) Ferrer, BSN, RN
President, Council of Philippine American
Organizations of San Diego County, Inc.

Perry Francisco, MSA, RN
Chair Education Committee, PNAA

Carmen T. Galang, DNSc, RN
Past President, PNAA

Jonathan Mack, PhD, RN, NP
Director, Research and Development at West
Wireless Health Institute

William Christopher Mathews, MD
Professor of Clinical Medicine MSPH
Director, UCSD Medical Center Owen Clinic

Lourdes M. Nisperos, MSN, BSN, RN
President, PNA Central California
PNAA Circle of Presidents
Western Region Chair

Reynaldo Rivera, DNP, RN, NEA-BC
President, PNA
Director of Nursing, Medicine Services
The University Hospital of Columbia & Cornell

Leorey Saligan, PhD, CRNP
Deputy Clinical Director
National Institute of Nursing Research
Intramural Research Program,
National Institutes of Health

Aster Vargas, BSN, RN
PNAA Treasurer

Steering Committee

Program Events

Leadership Institute
Chair / Co-chair: Erlinda Ortin &
Chona Lutap

Networking Night
Chair / Co-chair: Elvie Magsarili &
Tessie Porciuncula

Education Day
Chair / Co-chair: Lourdes DePerio &
Cece M. Echon

Workgroups

Ancillary Events
Chair: Jay Larossa

Hospitality/ Registration
Chair: Crisabel Ramos
Members: Chit Cabalic, Fe Delos
Reyes, Lorna Herce, Priscilla Illuso-
rio, Linda Mascardo, Ninette Pecson,
Marilyn Poblete, Del Quero, Tina
Surfan

Marketing and Advertising
Chair: Perly Aguinaldo
Member: Merly Ferrer

Chapter Profile / Program
Chair: Linda Ortin
Members: Dorothy Brown, Elaine
Soliven, Florence Yumul

Poster Presentation
Chair: Marlon Saria
Members: Cece Echon, Merlie
Ramira, Lourdes DePerio

Event Design
Chair: Maria Camilon
Members: Larossa, Ninette Pecson,
Del Quero, Marlon Saria

Logistics
Chair: Vickie Berbano
Members: Rolly Echon, Nick Delos
Reyes, Angelo Poblete

**Leadership Institute
Friday, April 27, 2012**

12:30 PM - 1:00 PM
Registration of delegates

1:00 PM - 1:05 PM
Welcome Address
Beth Rose, MBA, RN
Vice President, Western Region, PNAA

Reflection
Mila C. Velasquez, MN, RN, CS, APRN, BC
Past President, PNAA

1:05 PM - 1:40 PM
Leading and Engaging the Nursing Workforce
Reynaldo Rivera, DNP, RN, CCRN, NEA-BC

1:40 PM - 2:15 PM
Distinguished Guest Speaker
**Leadership Challenges and Engagement in
Professional Voluntary Organizations**
John Lantz, PhD, RN
Interim Director, SDSU School of Nursing

2:15 PM - 2:30 PM
PNAA Foundation
Ernie Rosas, BSN, RN, President

2:30 PM - 2:45 PM
Break

2:45 PM - 3:30 PM
**Sharing Success Stories and Strategies that
Worked: Panel Discussion**
Moderator: Carmen Galang, DNSc, RN

Nursing Practice
Perry Francisco, MSA, RN

Community Advocacy
Marita (Merly) Ferrer, BSN, RN

Financial Viability
Aster Vargas, BSN, RN

Membership
Sharon Fabellar, MSN, RN

3:30 PM - 3:45 PM
**Implications of the Western Region
Survey Results**
Lourdes Nisperos, MSN, RN

3:45 PM - 4:30 PM
**Workshop: Chapter Recommendations to
Strengthen Western Region: The Four Pillars**

4:30 PM - 4:45 PM
Presentations of Group Recommendations

4:45 PM - 4:55 PM
**Summary of Group Work based on Chapter
Recommendations**
Sarla Duller, MSN, RN

4:55 PM - 5:00 PM
Closing Remarks / Evaluation
Chona Lutap, BSN, RN

**Welcome / Networking Night
Friday, April 27, 2012**

Nautical Theme
Welcome to USS PNAA
Port of San Diego, California

Program Hosts
Jay Larrosa and Marlon Saria

5:30 PM - 6:00 PM
Arrival / Registration of Delegates

6:15 PM
National Anthems
Katriz Trinidad

Welcome
Elvie Magsarili and Tessie Porciuncula
Co-Chairs, Welcome / Networking Night

Reflection
Deacon Manny Porciuncula

6:30 PM
Dinner served

Entertainment
Katriz Trinidad

7:30 PM – 9:00 PM
Talent Show by Western Region Chapters
PNA Southern California
PNA Central California
PNA Nevada
PNA Northern California
PNA Hawaii
PNA Arizona
PNA Oregon/Washington
PNA Colorado
PNA Sacramento
PNA Alaska
PNA San Diego

9:00 PM - 10:30 PM
Dance * Dance * Dance

**Western Regional Conference
Education Day
Saturday, April 28, 2012**

7:00 AM - 7:50 AM
Registration/Continental Breakfast

7:50 AM - 8:00 AM
Welcome
Lourdes DePerio, MSN, RN

8:00 AM - 9:00 AM
Keynote Address
Power Up Your Nursing GPS
(Global Professional Security): Get Engaged
Jean Yan, PhD, RN
Former Chief Scientist, Nursing and Midwifery
World Health Organization

9:00 AM - 10:00 AM
Globalize the Evidence, Localize the Decision:
Evidence Based Nursing and
International Diversity
Lorraine S. Evangelista, PhD, RN, FAHA, FAAN

10:00 AM - 10:30 AM
Break
View Poster / Exhibits

10:30 AM - 11:30 AM
Adapting Translational Methodologies in
Advancing Nursing Research
Leorey Saligan, PhD, CRNP

11:30 AM - 1:00 PM
Lunch
Poster Presentation

1:00 PM - 1:45 PM
Undiagnosed Osteoporosis, Type 2 Diabetes,
Cardiovascular Disease Common in Filipino
Men and Women
Rosario (Happy) Araneta, PhD

1:45 PM - 2:30 PM
Working with Lesbian, Gay, Bisexual, and
Transgendered (LGBT) Patients and Their
Families
William Christopher Mathews, MD

2:30 PM - 2:45 PM
Break
View Poster / Exhibits

2:45 PM - 3:30 PM
The Global Power of Nursing Knowledge
Jonathan Mack, PhD, RN, NP

3:30 PM - 4:15 PM
Leading and Engaging the Nursing Workforce
Reynaldo Rivera, DNP, RN, NEA-BC
PNAA President

4:15 PM - 4:30 PM
Closing Remarks
Cece Echon, MSN, RN

Evaluation/Distribution of Certificates



**Global Professional Security (GPS):
Engagement through Nursing Education, Research,
Best Practices and Cultural Care Competence.**



Location and Accommodations

WESTIN
HOTELS & RESORTS®

Westin San Diego
400 West Broadway, San Diego, CA 92101
(619) 239-4500

The Westin San Diego's spectacular crystalline design is a signature landmark in the city skyline. The sophisticated urban setting begins with the 100-foot high lobby atrium, creating a magnificent sense of arrival. The entire hotel offers a retreat from the rigors of travel combined with a stimulating sensory experience.

Located in the heart of beautiful downtown San Diego, the 25 floors of guest rooms feature panoramic views of the San Diego Bay, Coronado Island, and the downtown cityscape. Convenient to business and shopping, we are within walking distance of the San Diego Convention Center, Seaport Village, Little Italy, the San Diego Gaslamp Quarter, and a variety of shopping options. Only minutes away are major attractions, such as the world-renowned San Diego Zoo, Sea World, Old Town, Balboa Park and Museums, the USS Midway, and the breathtaking scenery of San Diego's stunning sandy beaches.

A limited block of rooms has been reserved at the special discount rate of \$139.00 per night (plus tax) for single occupancy and \$159.00 per night (plus tax) for double occupancy. Group rate available until March 28, 2012. Subject to Availability.

We encourage you to call (619) 239-4500 to make your reservation early. Once the room block has been filled, the discounted group rates may not be available. Please identify yourself as a participant of the Phillipine Nurses Association of San Diego Western Regional Conference. You can also reserve online at <http://www.starwoodmeeting.com/Book/pnasd>

Airport Shuttle: The hotel provides a courtesy shuttle to and from the San Diego International Airport (Airport code: SAN)

Parking: Valet for overnight guests: \$32.00/day with 24 hour in/out privileges. Self-parking (basement): \$27.00 for all day parking (weekday) or \$5.00 after 5:00 PM on Friday and all day Saturday. Self-parking is also available in lots within walking distance.

Registration

Philippine Nurses Association of America
Western Regional Conference and Leadership Institute
 April 27-28, 2012, Westin San Diego

Name	Title/Degree
Address	
City	State Zip
Phone	RN License Number/ State
E-mail	
PNAA Chapter	

Registration Fees

	Before April 15	After April 15	Amount Due
Leadership Institute (Friday)			
PNAA Executive Board	FREE	N/A	
Chapter President and President-Elect	FREE	N/A	
Other PNAA / Chapter members	\$ 50.00	N/A	
Networking Night (Friday)			
PNAA /Chapter members and guests	\$ 75.00	\$ 85.00	
Western Regional Conference / Education Day (Saturday)			
PNAA /Chapter members and guests	\$ 100.00	\$ 125.00	
Pre-Licensure Nursing Students	\$ 85.00	N/A	
Total			

Please mail your registration and payment to:

PNASD WRC
 P.O. Box 722442
 San Diego, California 92172
 Make checks payable to **PNASD**.

To pay by credit card, please go to www.PNASD.org

Click on the paypal link.

Please note that credit card payments will include a 3% surcharge.

Cancellation and Refund Policy:

The registration fee less \$50.00 administrative fee will be refunded upon receipt of a written notice on or before April 15, 2012. No telephone cancellations will be accepted. No refunds thereafter.



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and
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